

# Cymdeithas Achub Bywyd o'r Môr Cymru Surf Life Saving Association of Wales

## COVID UPDATE 25/04/21

Based on the latest announcement from The Welsh Government (WG), SLSA Wales Management Committee has agreed that the following Club activities are permitted (in accordance with the timeline set out below).

### 26<sup>th</sup> April – Return to Organised Adult outdoor activities

As of 26<sup>th</sup> April 2021, all age groups will be allowed to take part in outdoor club activity. Their participation will still require social distancing at all times except in the few cases mentioned below. The conditions and regulations for clubs to involve 18 and overs remain the same as those prescribed in [return to children's sport](#) with the following changes.

#### Activity numbers

The Welsh Government's advice mandate all adult activity must be **limited to 30 people maximum**. Clubs will also need to ensure that they follow the appropriate safety ratios as set out in the SLSA Wales safety policy. You may want to consider the use of face coverings for those over 11 where social distancing may not be possible, even outdoors.

People who count towards the 30:

- Participants of the activity.
- Coaches

People who don't count towards the 30:

- Anybody who is there to organise or support the activity. This could include water safety cover, IRB crews, COVID officers, attendance takers, COVID Marshalls etc. These people should always maintain a 2m social distance at all times and not take an active role in the training / activity, otherwise they will count towards the 30.

Simultaneous gatherings of groups in the same location are allowed, where there is sufficient space to do so safely and all groups can act independently. This should only be considered where space is sufficient to allow 100sqft per person on land. Staggered start times for each group should be used to facilitate this. Those 18 and over can also take part in the same activity as those under 18 as long as the max number of 30 are not exceeded.

#### Social distancing exceptions

As we start to reopen we understand clubs are keen to get back to normal. As a result, clubs may now find themselves in a scenario where social distancing is not possible.

For fitness and sport training, clubs may start to undertake activities which require brief contact. Quick contact games such as stuck in the mud, relay changeovers and those similar to a touch



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rugby scenario are now permitted but should only be undertaken at the end of the session. Any equipment used to facilitate this type of quick contact training should be cleaned every 15 minutes and at the end of the session, following the WG [cleaning](#) guidelines. For equipment used in open water (e.g. boards, skis, rescue tubes), these should be cleaned before and after use, however it is accepted that it is not practical to clean between uses on the beach.

For lifesaving awards training social distancing may be broken when taking part in specific lifesaving skills or exercises (e.g. lift & carry, board rescues, tube rescues etc.). In these instances, additional control measures (e.g. wearing of masks) may be considered. More information can be found in the document entitled [COVID 2021 Guidance for Delivering and Assessing Lifesaving Training](#), found in the public documents section of the member's area.

## **3/4/21 – Return to indoor activities**

Starting 3<sup>rd</sup> May 2021 clubs can utilise indoor training venues, this applies to all ages. Indoor venues can include both clubhouses and public / community facilities and pools and applies to all age groups.

### **Activity Limits indoors**

The maximum number of people that can take place in indoor activity is 15. This applies to those aged over 18. People who count towards this number follow the same principles as above. For activities involving under 18's only, there is no max limit on numbers however most clubs will be limited in numbers due to the social distancing requirements.

Simultaneous gatherings of groups and individuals in the same location are allowed indoors, where there is sufficient space to do so safely and independently.

### **Risk Assessments**

Those clubs utilising a space such as their own clubhouse should conduct a risk assessment on the building to determine max numbers per room for safe social distancing, congestion points and access throughout the building. Clubs should ensure that appropriate control measures are in place in order to minimise the risks found. This could include the use of signage, one-way systems and hand sanitiser stations.

Changing rooms, showers and toilets are still considered a very high-risk area for transmission. If your club decides to reopen these facilities then they should ensure a stringent cleaning procedure is in place, especially high frequency touch points.

Further details on clubhouse risk assessments can be found in the [COVID dropbox](#).



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Clubs using facilities managed by others should request to see their COVID risk assessments and ensure they comply with the facilities rules. If Clubs are unable to obtain a copy of a third-party facility's COVID policy, they should ensure that they develop and implement their own.

## Lifesaving Assessments

Club level assessments for all lifesaving awards can resume from 3<sup>rd</sup> May, however priority should be given to those requiring awards for employment or volunteer patrol purposes. Please refer to the document entitled '[COVID 2021 Guidance for Delivering and Assessing Lifesaving Training](#)', which can be found in the public documents section of the member's area.

Should you require more information regarding training and assessment of lifesaving awards, please contact your regional tutor.

Should you require more assistance on the above. Guidance can be found on the [SLSA Wales COVID Dropbox](#), [WG Guidelines](#) and [FAQ](#) or you can email [covidfaq@slsawales.org.uk](mailto:covidfaq@slsawales.org.uk) and someone will be in touch.

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