

It's about having fun.....



Surf Life Saving Association of Wales
Young Members Safeguarding - 2019



Rhif Elusen ~ 1157762 ~ Charity Number

Cymdeithas Achub Bywyd o'r Môr Cymru

Surf Life Saving Association of Wales

Currently in Surf Life Saving Association Wales we have 1136 Nippers and Junior's as of 1st June 2018 with lots more joining all the time which is fantastic.

We are spread across 27 surf life saving clubs from all across Wales and this number is growing

"Every single one of you matters"

We do our best to ensure that all of you that attend at your Surf Life Saving clubs can participate in a welcoming and safe environment.

We provide a safe and secure environment for all of you to learn life saving skills, meet up with friends from your own club and other clubs and have fun whilst learning and competing in the sport that you have chosen.

We think it is important for you young members to know where to get help if you are worried about something

If your concern regards a member of your club, then find an adult in the club or at home that you trust to talk to.

If your concern is outside of the Surf Life Saving Organisation then find an adult that you can trust to confide in or contact ChildLine 0800 11 11



Need to talk?

Every club has a person dedicated to making sure that everything is done to protect your welfare and they are called your club Safeguarding Officers. Get to know who your Safeguarding Officer is.

If something should happen to you, for example, the actions of other members have upset you or made you feel worried, scared or concerned **we will listen to you** and take you seriously.

We have codes of conduct in place to support all of our members on standards of behaviour expected.

Codes of Conduct mentioned in this Safeguarding leaflet can be found in the safeguarding section of the SLSA Wales website.

[Welcome to SLSA Wales - Surf Life Saving Association of Wales](#)

Children/young people have the right to:

- 😊 Be safe and happy in their chosen activity.
- 😊 Be listened to.
- 😊 Be respected and treated fairly.
- 😊 Have their privacy and belongings respected.
- 😊 Enjoy their sport in a protective environment.
- 😊 Be referred to professional help if needed
- 😊 Be protected from abuse by other members or out- side sources.
- 😊 Participate on an equal basis, appropriate to their ability.
- 😊 Experience competition and the desire to win.
- 😊 Be believed.
- 😊 Ask for help.



Cymdeithas Achub Bywyd o'r Môr Cymru

Surf Life Saving Association of Wales

Bullying

We take bullying very seriously so if the actions of another person have made you feel sad talk to an adult that you trust within the club or your parents. Any instances of bullying will be dealt with immediately and may result in members being suspended or asked to leave the club

Code of Conduct for Youth

All our young members are expected to abide by the rules of the Surf Life Saving Wales Youth Code of Conduct.

Please see your club safeguarding Officer or club notice body for a copy.

Social Media Policy

We also have a social media policy to protect our young members from the possible risks that social media can have.

Risks include:

- **bullying** or berating by peers and people they consider 'friends' – in sport this can include negative comments or reactions to their performance or achievement
- Taking photos for the purpose of bullying or humiliating another member
- Taking of mobile phones into changing areas for the purpose of humiliating another member
- Feelings of exclusion if not part of or excluded from a social media group
- Being encouraged to create or share inappropriate or harmful material of themselves or others, including sexting (sexual images or video)
- Encouragement to take part in violent behaviour or harmful trends
- Communicating with people they don't know, including potentially dangerous individuals



Here are practical tips to help you minimise the risks of using social media.

It's good practice for apps and websites to have safety advice and well-designed safety features which can make a real difference to how safe young people will be when using them.

Work through safety and privacy features on the apps that you use, or might use. Ask your parents or a trusted adult to help. Make sure you understand the point of these and how to use them

People may not always be who they say they are online.

It is unwise and even dangerous to meet anyone in the real world that you've only ever met online? Even if you think your messages are private, remember that words and images can always be captured and broadcast and can never be retracted once posted. **THINK BEFORE YOU POST!**



Cymdeithas Achub Bywyd o'r Môr Cymru

Surf Life Saving Association of Wales

People present themselves differently online – do they really look like that? *Are they always having that good a time? Are they always as happy as they look?*

Be aware that screens, and especially being anonymous, can lead people to say things they wouldn't say to someone's face.

What does being a good friend and a likeable person online look like?

There can be pressure to be part of a particular group online or to be seen to be following a certain set of ideas. Take a step back and make your own decisions.



Surf Life Saving Association of Wales has a Social Media Policy that all Coaches, Members and Volunteers should sign to agree they have read and understood the content.

Ask your club safeguarding Officer or see club notice board for a copy.



If there is something worrying you,
don't keep it to yourself!

There is always someone to turn to: a parent, a teacher, a sports club children's officer, a school councillor or nurse, a doctor

or contact: **the NSPCC Child Protection helpline: 0808 800 5000**
Childline: 0800 11 11

childline.org.uk

Surf Lifesaving Association of Wales.

Julie Wisden (Lead Safeguarding Officer)

c/o 39 Bryn Henfaes, Broadlands, Bridgend CF315EW

01656 645291 / 07853 000457

safeguarding@slsawales.org.uk

CABM CYMRU

Rhif Elusen ~ 1157762 ~ Charity Number



Cymdeithas Achub Bywyd o'r Môr Cymru

Surf Life Saving Association of Wales

Don't keep it a secret if someone is:

Bullying you
Saying things to you that you do not like or that makes you upset
Touching you
Trying to give you tablets, cigarettes, drugs or alcohol
Hitting you or hurting you
Sending you unkind messages over the internet or to your phone
There is **always** someone you can talk to.

**People should never hurt children.
It is not your fault if someone hurts you.**

This policy has been reviewed and endorsed by the NSPCC Child Protection in Sport Unit



Published by Surf Life Saving Association of Wales

Registered Charity No 1157762

<http://www.slsawales.org.uk/>



SLSA Wales Child Protection Policy 2019 - Version controlled V5 27/8/2019 J Wisden

CABM CYMRU

Rhif Elusen ~ 1157762 ~ Charity Number

