

# SLSA Wales Award Assessment / Training Session Risk Assessments



Location of Event: \_\_\_\_\_ Date of Event & RA: \_\_\_\_\_

Tide Condition \_\_\_\_\_ Surf Height \_\_\_\_\_ Wind Direction & Strength \_\_\_\_\_ Weather/Visibility \_\_\_\_\_

Water Based Activities: \_\_\_\_\_ No. of Participants \_\_\_\_\_ Types of Participant \_\_\_\_\_

With No Controls					Possible Control Measures Mark if used	Used	With Controls				
Hazard or Danger	Initial Risk						Hazard or Danger	Final Risk			
	H	M	L	N/A		H	M	L	N/A		
1. Wind (Direction & Strength)					a. Ensure minimum recommended safety cover used.		1. Wind (Direction & Strength)				
2. Surf Height/Type					b. Ensure suitable safety equipment is on the beach		2. Surf Height/Type				
3. Currents					c. Ensure Hi Viz. Hat / Rash Vest worn		3. Currents				
4. Tidal Conditions					d. Ensure PPE Used (Ski Training) by all Juniors and non-qualified seniors		4. Tidal Conditions				
5. Visibility					e. Increase Safety Cover and/ or Equipment.		5. Visibility				
6. Beach Conditions					f. Use IRB		6. Beach Conditions				
7. Water Quality					g. Move Location of training to safer area		7. Water Quality				
8. Other Water Users					h. Restrict distance from shore or depth of water.		8. Other Water Users				
9. Hypothermia					i. Restrict participants to experienced or qualified.		9. Hypothermia				
10. Number. of Participants					j. Reduce length of session		10. Number. of Participants				
11. Craft Use (Board/Ski)					k. Ensure Wetsuits are worn		11. Craft Use (Board/Ski)				
12. Swimming					l. Do Not use Craft		12. Swimming				
13. Use of IRB					m. Ensure access to Emergency Telephone		13. Use of IRB				
14.					n. Ensure First Aid Equipment is available		14.				
15.					o. Brief Participants on RA & residual risks.		15.				
16.					p.		16.				
17.					q.		17.				
18.					r.		18.				
19.					s.		19.				

Sign: \_\_\_\_\_ Print Name: \_\_\_\_\_

Sign: \_\_\_\_\_ Print Name: \_\_\_\_\_

Sign: \_\_\_\_\_ Print Name: \_\_\_\_\_

Post Event Review/Comments



## How to Risk Assess

### Definitions:

**Hazard** – something that can cause harm

**Severity** – how bad would the injury be?

**Likelihood** – how likely is it that the hazard will cause harm?

**Risk Rating** – how dangerous is the hazard? This is the severity x likelihood

**Control Measure** – something put in place to reduce the risk rating



### Process for conducting a risk assessment

No risk assessment is exact and people's opinions vary but it is always better to have undertaken one than not to have done so. **The first step is to consider the information in the red box. This will form the basis for your risk assessment and how you judge the risk rating for each of the identified hazards.**

- Fill in All the details in the Red boxed header.
- Consider the list of hazards and tick those that are applicable. Add in any additional hazards in the blank boxes if required. (see 3 for risk level)
- Using the matrix on the right calculate the initial risk rating for each of the identified hazards, **assuming no control measures are in place.**
- If the risk rating is red, or amber you **must** apply control measures to reduce the risk. If the risk rating is green you should consider control measures to reduce the risk further. You can add any additional control measures not listed in the blank boxes  
**N.B.** The control measures highlighted in **RED BOLD** are mandatory to comply with **SLSA Wales Safety Policy**
- Re-assess the risk rating for each identified hazard **based on the control measures you have selected**
- If the risk rating remains in the red zone the session must be cancelled**
- If the risk rating is amber, consider changing your session plan, applying more control measures or postpone the session until you feel the risk rating is acceptable for the level of your participants

	<b>HIGH RISK</b>	The level of risk is unacceptable and cannot be justified on any grounds; immediate high level control measures should be applied
	<b>MEDIUM RISK</b>	The level of risk is significant and medium level control measures should be applied to reduce the risk as soon as possible
	<b>LOW RISK</b>	Level of risk is at a level where low level control measures suffice

		SEVERITY (S)				
		MINOR (1)	MAJOR (2)	CRITICAL (3)	FATAL (4)	MULTIPLE FATALITIES (5)
LIKELIHOOD (L)	IMPROBABLE (1)	1	2	3	4	5
	REMOTE (2)	2	4	6	8	10
	OCCASIONAL (3)	3	6	9	12	15
	PROBABLE (4)	4	8	12	16	20
	FREQUENT (5)	5	10	15	20	25